



Short Bio and contact details

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Prof Dr Romain Meeusen, (PhD) is head of the Human Physiology Research Group at the Vrije Universiteit Brussel.

His research interest is focussed on “*Exercise and the Brain in Health & Disease*” exploring the influence of neurotransmitters on human performance, training, rehabilitation. Recent work is on Thermoregulation, Neurogenesis, Cognition, nutrition in health & disease. He teaches on exercise physiology, training & coaching and sports physiotherapy.

Romain published ca 400 articles and book chapters in peer-reviewed journals, 18 books on sport physiotherapy, and gave lectures at more than 750 national and international conferences.

He is past President of the Belgian Society of Kinesiology, the Belgian Federation of Sports Physiotherapy, and the society of kinesiology Belgium.

He is former Board member of the European College of Sport Science ECSS (2000-2013), and of the American College of Sports Medicine (ACSM) (2010-2013).

In 2009 he received the Belgian ‘Francqui Chair’ at the Université Libre de Bruxelles on ‘*Exercise and the Brain*’.

He is also holder of two named lecturing chairs at the Vrije Universiteit Brussel.

He is director of the Human Performance lab of the Vrije Universiteit Brussel, where he works with several top athletes, and is scientific advisor of the ‘Lotto Cycling Institute’ (Lotto-Soudal professional cycling team).