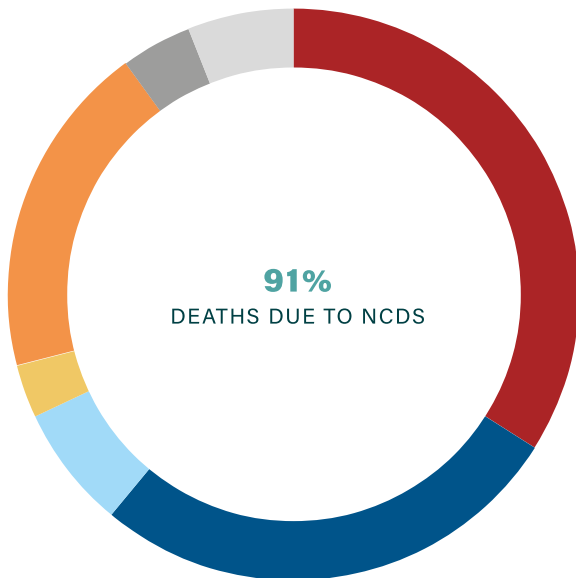


TOTAL POPULATION (2022)	<b>59,038,000</b>	WORLD BANK INCOME GROUP	<b>HIGH</b>
POPULATION AGED <20 (%)	<b>17</b>	GROSS DOMESTIC PRODUCT per capita (INT\$)	<b>41,988</b>
POPULATION AGED >60 (%)	<b>31</b>		

## NCD MORTALITY



- cardiovascular disease
- cancers
- chronic respiratory disease
- diabetes
- other NCDs
- injuries
- communicable, maternal, perinatal and nutritional conditions

## PREVALENCE OF PHYSICAL INACTIVITY



### PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)



### PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)



### PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)



■ male ■ female

## DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDs AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY

**PER YEAR**

**US\$ 1,060,803,773**

**INT\$ 1,399,116,441**

**CUMULATIVE BETWEEN 2020 AND 2030**

**US\$ 11,668,841,500**

**INT\$ 15,390,280,848**

## ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS

**NATIONAL PHYSICAL ACTIVITY COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- supported by environmental improvements
- promoting the co-benefits of physical activity

**NATIONAL MASS PARTICIPATION EVENTS ON PHYSICAL ACTIVITY**

○ no ● yes

## ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS

<p><b>NATIONAL POLICY ON WALKING AND CYCLING</b> ●</p>	<p><b>NATIONAL POLICY ON PUBLIC TRANSPORT</b> ●</p>
<p><b>NATIONAL ROAD SAFETY STRATEGY</b> ●</p>	<p><b>LEGISLATION ON:</b></p> <ul style="list-style-type: none"> <li>▪ speed limits ●</li> <li>▪ driving and alcohol use ●</li> <li>▪ driving and drug use ●</li> <li>▪ driving and mobile phone use ●</li> </ul>
<p><b>STREET DESIGN STANDARDS FOR:</b></p> <ul style="list-style-type: none"> <li>▪ separate walking and cycling infrastructure ●</li> <li>▪ safe pedestrian and cycling crossings ●</li> <li>▪ management of speed ●</li> </ul>	

○ no ● yes ● yes and best practice — not available

## ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES

<p><b>PROMOTION OF PHYSICAL ACTIVITY:</b></p> <ul style="list-style-type: none"> <li>▪ in workplaces ●</li> <li>▪ in childcare settings ●</li> <li>▪ through community sports ●</li> <li>▪ in public open spaces ●</li> <li>▪ through walking and cycling ●</li> <li>▪ for older adults ●</li> <li>▪ for people with disability ●</li> </ul>	<p><b>BRIEF INTERVENTION ON PHYSICAL ACTIVITY IN PRIMARY HEALTH</b> ●</p> <ul style="list-style-type: none"> <li>▪ with referral ○</li> <li>▪ used in &gt;50% of facilities ○</li> </ul>
<p>NOT AVAILABLE</p>	<p><b>USE OF DIGITAL PROGRAMMES</b></p> <ul style="list-style-type: none"> <li>▪ mHealth for NCD prevention ○</li> </ul>
<p>NOT AVAILABLE</p>	<p><b>SCHOOL BASED APPROCHES:</b></p> <ul style="list-style-type: none"> <li>▪ quality physical education NOT AVAILABLE</li> </ul>

○ no ● yes

## ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE

<p><b>NATIONAL NCD POLICY INCLUDING PHYSICAL ACTIVITY</b> ●</p>	<p><b>NATIONAL PHYSICAL ACTIVITY POLICY</b> ●</p>
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○ no ● yes, but not operational ● yes and operational

<p><b>NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:</b></p> <ul style="list-style-type: none"> <li>▪ children under 5 years ○</li> <li>▪ children and adolescents ●</li> <li>▪ adults ●</li> <li>▪ older adults ●</li> </ul>	<p><b>NATIONAL SURVEILLANCE OF PHYSICAL ACTIVITY IN:</b></p> <ul style="list-style-type: none"> <li>▪ children ●</li> <li>▪ adolescents ●</li> <li>▪ adults ●</li> </ul>
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<p><b>NATIONAL NCD COORDINATING MECHANISM</b> ●</p>	<p><b>NATIONAL TARGET FOR PHYSICAL ACTIVITY</b> ●</p>
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○ no ● yes

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022. The World Bank. GDP per capita, PPP (current international, \$) accessed, July 2022. Global Health Estimates 2019: Deaths by Cause, Age, Sex, by Country and by Region, 2000-2019. Geneva, World Health Organization; 2020. Guthold et al Lancet Child Adolesc Health. 2020;4(1):23-35. World Health Organization. (2016). Global Health Observatory (GHO) data. Prevalence of insufficient physical activity among adults aged 18+ years. World Health Organization. (2022). Assessing national capacity for the prevention and control of noncommunicable diseases: report of the 2021 global survey. World Health Organization. (2018). Global status report on road safety 2018.